Offerings

May - June 2023
Volume 10 • Issue 3

Through the Cross to the Resurrection
A Morning of Retreat for Persons with Physical Disabilities
Tuesday, May 16 | 9:30 am - noon EDT (virtual option available)
Presented by Marise May, OSF

Abiding in the Paschal Mystery of Jesus, His suffering, death and resurrection, those of us who are "differently abled" may find our life journey in the "Serenity Prayer". The morning will include presentations, time for reflection and sharing our stories. The building is accessible. Aides and caregivers are welcome.
Fee: $35, or whatever you can afford.

Marise May assists with the Center's Nineteenth Annotation version of the Spiritual Exercises of St. Ignatius Loyola. She also serves as a staff member of our Horizons Foundational Program for the Training of Spiritual Directors.

Healing For Peace
Thursday May 18 | 7:00 pm EDT (virtual option available)
Presented by Freida Jacques

Whatwehnineh Freida J. Jacques is often a bridge between her Culture and the communities surrounding her Nation, Onondaga. Join Freida as she explores the spiritual journey of seeking healing through storytelling. She shares lessons taken from Haudenosaunee history as well as her experience in today's times. She is often described as a storyteller. She is passionate about sharing the lessons about Peace in her culture as well as healing in the individual to achieve peace.
Fee: $25, or whatever you can afford.

Recurring Groups

Ignatian Spirituality Group for those who have completed the Spiritual Exercises is facilitated by Lou Sogliuzzo, SJ and takes place in person on the 2nd Wednesday of the month. Upcoming meetings are **May 10th and June 14th.**

Women's Faith Sharing group meets in person on the **3rd Thursday of the month**. This group is facilitated by Kathy Papa. Upcoming meetings are **May 18th and June 15th.**

ABOUT US
The Spiritual Renewal Center is an ecumenical Christian ministry providing spiritual direction and renewal opportunities to all members of the community.

1342 Lancaster Avenue
Syracuse, NY 13210
spiritualrenewalcenter.com
315-472-6546

OUR HOURS
Monday-Thursday 9-5
Friday 9-4
The Center will be closed
May 29th, July 4th

OUR STAFF
Steve Moore, *Center Director*
Marise May, OSF
Programming Associate
Andrea Pollock,
Administrative Assistant
Meg Castellini,
Communications Specialist

OUR BOARD OF TRUSTEES
Mary Anne Corasaniti
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Amanda Webster
Randy Wolken
Alice Zicari-Grant

Preregistration is required for all of our events. Registration through our website is preferred. You can also register by emailing us at mail@spiritualrenewalcenter.com. Please include your full name, email and phone number.

Women's Ignatian Retreat
Friday, May 19 - Saturday, May 20 at Christ the King Retreat House

Join four exceptional retreat directors who are in training through the Marise May formation program in the Spiritual Exercises as they lead you on a journey with the Risen Lord in the tradition of Ignatian Spirituality. This retreat focuses on the experience of women who accompanied the Lord and encountered him in the resurrection. The retreat will include presentations and the opportunity for spiritual direction. Join Mary Anne Corasaniti, Sally Manahan, Martha Savage, and Pam Stewart as they guide you through a 24-hour retreat. Please visit ctkretreat.com for more information and to register.

The Spiritual Exercises of St. Ignatius of Loyola: A 30-week adventure in prayer (virtual option available)

The Center is offering the classic *Spiritual Exercises of St. Ignatius Loyola* in a thirty-week format in both a group or individual setting. After more than 500 years, the *Spiritual Exercises* still bring people to a closer relationship with Christ through the Scriptures.

Our traditional group experience will take place on Tuesdays, 1- 3 PM, beginning in September and continuing through May. This includes time with an individual prayer guide and a group teaching session. Individuals that cannot meet for our in-person group format can meet with a director individually, either in person or via Zoom.

Each participant commits to 30-60 minutes of daily personal prayer with prescribed materials and tuition is $600 per year. For more information or to apply, contact Center Director Steve Moore at 315-472-6546 or mail@spiritualrenewalcenter.com. Space is limited, so register now!

HORIZONS Foundational Program for the Training of Spiritual Directors (in-person only)

The Spiritual Renewal Center has been committed to the training of spiritual directors for over thirty years. Do you sense God's call to this ministry? HORIZONS is a practicum-based program for people wanting to develop their gifts as spiritual directors. Monthly sessions focus on the principles and practices of spiritual direction, alongside close supervision of direct practice. Applicants must have substantial knowledge of theology, scripture, and spirituality, and a minimum of one year's experience receiving spiritual direction.

The first year of HORIZONS meets at the Center from October 2023 through June 2024, on the first Monday of each month, 1-5:00 p.m. Tuition is $700 per year. A certificate is awarded at the completion of the program. Next Fall's cohort is forming— contact Center Director Steve Moore mail@spiritualrenewalcenter.com or 315-472-6546 for more details and an application.

Wisdom Wednesday | Wednesdays 4-5:00 pm (virtual option available)

First published in 1986, "Open Mind, Open Heart" remains one of the best introductions to contemplative prayer. Father Thomas Keating discusses the history of contemplative prayer in the Christian tradition, and introduces the reader to the practice of centering prayer as a spiritual discipline. Each chapter concludes with questions and answers that provide useful information in his signature informal and straightforward style. "Open Mind, Open Heart" is an excellent resource for anyone starting a centering prayer practice

Stop by the Center to join us or if you're not able to, join via Zoom. Any questions, please contact Steve at the Center 315-472-6546. All are welcome! *Free will offering.*

No need to register, visit spiritualrenewalcenter.com/events for the link.

Honoring Sr. Marise - A Time to Celebrate!
Open House | Tuesday, June 13 | 4-7 pm at the Center

We hope that you will join us for an open house as we celebrate Sr. Marise May's 31 years of ministry as Programming Associate and Spiritual Director at the Spiritual Renewal Center. Light refreshments will be served. Marise has shared her gifts throughout the years by introducing and facilitating the 19th Annotation and the directed retreat, teaching and supervising in the Horizons Program, offering retreats, talks, and regular spiritual direction as well as serving the Center in a variety of unseen ways. Contributions to the "Forever Fund" may be made in honor of her service.

Summer at the Center - watch your inbox for all the details!

Mystics with Merton

Join Steve for some time to go back to the basics of Christian Spirituality with Thomas Merton as our guide. Using the book, *A Course in Christian Mysticism* by Thomas Merton we will look at some major figures in Christian Spirituality from the gospel of John to the Spanish mystics. Each session will be independent so if you are on vacation this summer you can come to any of the sessions. Sessions will include Mystical Theology and the Bible (June 21), The Martyrs (July 5), Eastern Christian Spirituality (July 12), The Dionysian Tradition (July 19), Western Mystical Tradition of St. Augustine (July 26), St. Bernard of Clairvaux (August 2), Fourteenth Century Mysticism and the Spanish Mystics (August 9).

Summer Reading

On Tuesday, July 25th at 1:30 pm Ann Derr will be leading a book discussion of Sister Jean's "Wake Up With Purpose: What I've Learned in My First Hundred Years" which is part memoir and part spiritual guide. It reads like a privileged conversation with a wise aunt.

Summer on the Move

This summer we will be having several prayer sessions focusing on prayer and movement. We will be learning about Tai Chi on July 19th with Tom Wahl, Sacred Sauntering on August 4th with Mary Colleen Sinnott, with additional sessions on Prayer through Art with Sr. Joselle, and a Yoga offering.

What Does Grace Look Like? is a series of reflections about God's grace.
This issue's grace story comes from Sally Manahan, Center Board Member.

What Does *Grace* Look Like?

Each time I have done the Spiritual Exercises of St. Ignatius my life has been greatly impacted. It has moved in unexpected directions with a deep sense of peace and trust. During the exercises, I met wonderful people who shared and role-modeled a great desire to know, love, and serve God. That common desire created an environment that validated and challenged the seeker's heart.

When I heard of the Marise May program it resonated deep inside my being. In a post-pandemic world that is chaotic, anxious, and divisive - to learn to direct the exercises was an anchoring call. I like the definition by Reverend Barbara Brown Taylor that "hunger for holiness is being rooted and stable in shifting ground." It is my experience that if you want a level of expertise in an area you need to teach it. The teachers of the Marise May program are wise, insightful, and experienced. They point out guideposts that need to be explored and reflected on each week by the retreatant. The faculty provides guidance, practices, and suggestions to travel the long distance from one's head to their heart.

It is a privilege to be with others weekly who want to keep awake and attuned to the holiness in their lives. When one's focus isn't always on the problems of the world but on the quiet budding of the spirit, it becomes a weekly practice of agree contra. The teachers and students of this program bring hope, sustenance, and direction to our Christian journey and I have been blessed to travel with them all.

That's What *Grace* Looks Like

The Marise May Program in Ignatian Formation (in-person only)

Spots are going fast for our next cohort of the Marise May Program here at the Spiritual Renewal Center. This program is designed to train persons to give the Spiritual Exercises of St. Ignatius Loyola. The first-year training will begin with a retreat day in September followed by weekly meetings beginning in October on Tuesday afternoons along with our 19th annotation program. There is no cost for this program but participants will be asked to make a commitment to offer the Spiritual Exercises after they receive their certificate. Please contact Center Director Steve Moore mail@spiritualrenewalcenter.com or 315-472-6546 for more details.

Save the Date! Fall Open House Wednesday, September 27th | 4-7 pm!
Connect with old friends and make some new ones here at the Center! We would love to see you!

Connect with the Spiritual Renewal Center

Get social with the Spiritual Renewal Center and find us on Facebook and Instagram today. You can also share your email address with us at **spiritualrenewalcenter.com** and get the the latest information sent right to your inbox.

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