



# Offerings

**GIVING TUESDAY**  
Please consider a gift to the SRC on November 28!

## ABOUT US

The Spiritual Renewal Center is an ecumenical Christian ministry providing spiritual direction and renewal opportunities to all members of the community.

1342 Lancaster Avenue  
Syracuse, NY 13210  
spiritualrenewalcenter.com  
315-472-6546

## OUR HOURS

Monday-Thursday 9-5  
Friday 9-4  
The Center will be closed  
November 10 & 23-24  
December 22, 25-26

## OUR STAFF

Steven Moore, *Director*  
Andrea Pollock,  
*Administrative Assistant*  
Ann Derr, *Intake Coordinator*  
Judy Carr, *Interim Volunteer  
Coordinator & Gift Shop  
Manager*  
Molly Wilber, *Librarian*

## OUR BOARD MEMBERS

Mary Anne Corasaniti  
Ann Derr, *Secretary*  
Rev. Beth DuBois  
Brigid Dunn  
Rev. Don Kirby, SJ,  
*Vice-Chair*  
AJ LaPoint  
Maureen Lasda  
Sally Manahan, *Chair*  
Bob Talomie  
Amanda Webster  
Randy Wolken, *Treasurer*  
Alice Zicari-Grant

November-December 2023  
Volume 10 • Issue 5

## How Faith Informs Leaders

This year the Spiritual Renewal Center will be highlighting women leaders who are inspired by their faith and share their stories.

**Thursday November 9 | 7:00 pm EST (Hybrid)**

**Presented by Sharon Owens**

Syracuse's Deputy Mayor, Sharon Owens will join us Thursday, November 9th, for the inaugural presentation on how faith informs one's role as a leader. In her current position of deputy mayor, Sharon Owens oversees city programs and services that address the quality of life in our community, including Neighborhood and Business Development, and Parks, Recreation, and Youth Programs, as well as the Police and Fire Departments. Owens also serves as chief of staff to the mayor. She is a graduate of Syracuse University and is most proud of her role as wife to Shaun Owens and mother to Simone and Isaac.

*Fee: \$25, or whatever you can afford*



**Thursday, December 7 | 7:00 pm EST (Hybrid)**

**Presented by Linda LeMura**



Dr. Linda LeMura is a scientist and academic who is the current and 14th President of Le Moyne College. She is the first female layperson to be named as president of a Jesuit institution of higher education in the United States. A hallmark of her time in office is developing collaborative partnerships with other institutions of higher education. Dr. LeMura earned a Ph.D. in Applied Physiology from Syracuse University and a B.S. summa cum laude from Niagara University.

She and her husband, Lawrence Tanner, Ph.D., a professor of Environmental Systems Science at Le Moyne, have one daughter, Emily.

*Fee: \$25, or whatever you can afford*

## Elemental Kinning: Being One with God's Creation Through the Gift of Water

Wednesday, December 6th | 10:00 - 11:30am EST (In-person only)

Facilitated by Mary Colleen Sinnott



The Spiritual Renewal Center is continuing on with our new initiative in Eco-spirituality, responding to the call to “care for our common home.” Pope Francis wrote in his 2023 Encyclical Letter *Laudato Deum* - “The universe unfolding in God who fills it completely.” To support this movement we will be diving deeply together into the Element of “Sister Water” in the spirit of St. Francis of Assisi by weaving together Sacred Scripture, poetry, music and movement into a flow of Oneness with her transformative and life sustaining gifts. As Doctor of the Church, St. Hildegard of Bingen wrote, “If we fall in love with Creation deeper and deeper, we will respond to endangerment with passion. May it be so...”  
*Fee: \$25, or whatever you can afford.*

Mary Colleen Sinnott is a long-time friend of SRC, a volunteer chaplain at St. Joseph's Hospital, a member of St. Lucy's, and member of the Church of the Woods, Canterbury, NH.



### Advent Taizé Prayer Service

Wednesday, December 13 | 7:00 pm EST in All Saints

With Erin Moore, Jeff Wise, Harvey Neusbaum & Friends

Take time out of your busy holiday schedule for quiet prayer and reflection. Taizé is a meditative prayer service with candlelight, chanting and silence that originated in the ecumenical community in Taizé, France. Please join Erin Moore, Jeff Wise, Harvey Neusbaum and Friends as they lead us in this beautiful service! Free will offering.



### Stop Fixing Yourself!

Tuesday, December 12 & 19 | 11:00 am EST (Zoom Only)

Facilitated by Steve Moore

Join Steve as we read together *Stop Fixing Yourself* by Anthony DeMello. Take a look around and see if you can find just one completely happy person, someone at peace with themselves, someone who is fearless and free from insecurity, depression, lack, and worry. You would be lucky if you found one in a hundred thousand. The irony is we were born happy; we lost touch with it. We were born surrounded by a divinity of peace, joy, and love;

we lost sight of it. It's as if we've been hypnotized to see what is not there and not see what is there.

Suggested donation is \$15 per session. Participants are encouraged to get their own copy of the book.

### Registration is now open for our Silent Directed Retreat!

January 5-7, 2024 at Christ the King Retreat House

Begin 2024 with renewed hope in God's providence for the world and God's friendship with you during our annual retreat! The retreat begins on Friday evening with supper and concludes at noon on Sunday. All meals, snacks and meetings with a spiritual director are included.

The fee is \$300 (\$250 early bird by December 15) with a \$50 nonrefundable deposit. Call the Center or visit our website for more information and to save your spot for this popular retreat!



# Ignatian Volunteer Corps

**IVC of Syracuse  
is accepting applications  
to join our service ministry**

The Ignatian Volunteer Corps (IVC) provides men and women, age 50 or above, opportunities to share their life skills and wisdom in service to our community's underserved.

IVC members commit to volunteer 1-2 days weekly for 10 months per year. We meet monthly to prayerfully reflect on our service and deepen our Ignatian spirituality.

Contact Linda Zimmerman:  
lzimmerman@ivcusa.org  
Virtual Information Session,  
hosted by Fr. James Martin, SJ:  
<https://ivcusa.org/info/>

**Befriending Biblical Women  
in the Old Testament**  
**Saturday, November 18th**  
**10:00 am - 3:00 pm EST**  
**(in person only)**  
**Facilitated by Erica Olson-Bang**



At this retreat, we will be invited to explore biblical women in the Old Testament, focusing on Eve and Miriam in particular. These two women have often been overlooked and over-interpreted in their context and ours, and we will be revisiting them with fresh eyes, seeking to discover how they can enrich our faith lives. We will look at biblical texts, the history of their interpretation in Judaism and Christianity, and modern perspectives on these women from biblical studies, art, and culture. Our goal will be to come to a place where we can consider what these women might mean for our own spiritual lives—might they function as older sisters to us in the faith?

*Fee: \$50 or whatever you can afford. Light lunch provided.*

Erica Olson-Bang, PhD, holds a doctorate in systematic theology from Fordham University, and was on faculty for a number of years at the College of New Rochelle before moving to Syracuse in 2015. Erica keeps herself busy now homeschooling her two daughters, Anna and Miriam, and participating in the congregational life of Temple Concord in Syracuse.



**Wisdom Wednesdays (Hybrid) Wednesdays 4-5 pm EST at the Center either in person or via Zoom, we are reading St. Teresa of Avila's The Way of Perfection. Feel free to stay after for our contemplative prayer group at 5:00 pm. Free will offering.**

What Does Grace Look Like? is a series of reflections about God's grace. This issue's grace story comes from the Rev. Dr. Steven Moore, Center Director.

## What Does Grace Look Like?

Celtic Spirituality talks about "thin places." These are sacred places where heaven meets earth, and we experience the sacred in an immediate way. I warn our spiritual directors that Tuesdays are busy at the Spiritual Renewal Center and you may not get a room if you just walk in. But Tuesdays are a "thin time" for us. A few weeks ago, I had the experience of standing in the entrance area of the Spiritual Renewal Center as people were coming in for all the different offerings. There were people there for our ongoing retreat on the 12 steps and the Spiritual Exercises. Others were meeting directors for the 19th annotation retreat, some were coming for regular spiritual direction, and a few others were browsing the library. We even had a meeting of folks who had connected during one of our previous programs from over a year ago who didn't want their retreat experience to end and still get together from time to time to catch up and offer support. For me, grace looks like people connecting to one another and sharing their spiritual lives.



**That's What Grace Looks Like**



**The Advent of God: Hope for All Creation**  
**Monday, December 11 | 1:30-4:30 pm EST**  
**Presented by Gerry McKeon**

Advent is a time of great hope and expectation. It is a season of preparation. How shall we receive the gift of Emmanuel this Christmas? Consider spending an afternoon with us as we explore the meaning of an Advent Season of hope for all God's Creation.

**Recurring Groups**

**Ignatian Spirituality Group** for those who have completed the **Spiritual Exercises** is facilitated by Lou Sogliuzzo, SJ and takes place on the 2nd Wednesday of the month.

**Women's Faith Sharing Group** meets on the **3rd Thursday of the month**. This group is facilitated by Kathy Papa. Our group is always open to new members who are interested in sharing in a discussion about their faith experiences as well as their questions. Members experience God's grace through the caring and support of the group. We ask for a donation of \$20 or whatever you can afford. Please call Kathy Papa at 315 457-6922 for more information or if you have any questions about what to expect when joining our group, as we would love to have you!

**Contemplative Prayer Group** meets every **Wednesday at 5:00pm**.

**A note from our Volunteer Coordinator**

We have several open shifts for front desk volunteers, both regular shifts and as subs. Please call the center and leave a message for Judy if you might be interested, and she will get back to you.

**Connect with the Spiritual Renewal Center**

Get social with the Spiritual Renewal Center and find us on Facebook and Instagram today. You can also share your email address with us at [spiritualrenewalcenter.com](http://spiritualrenewalcenter.com) and get the the latest information sent right to your inbox.

 [facebook.com/spiritualrenewalcenter](https://facebook.com/spiritualrenewalcenter)

 [instagram.com/spiritualsyracuse](https://instagram.com/spiritualsyracuse)

RETURN SERVICE REQUESTED

1342 Lancaster Avenue  
Syracuse, NY 13210

