

Our Spiritual Directors

Beverly Babcock
Marge Babcock
Toppie Bates
Rev. Dr. Nick Bufano
Meg Castellini
Dr. Darryl Caterine
Mary Anne Corasaniti
Ann Derr
Jason Downer, SJ
Kathy Faber-Langendoen
Chris Goral
Jim Krisher
Maureen Lasda
Rev. Dr. Mark Lawson
Sally Manahan
Gerard McKeon, SJ
Rev. Dr. Steve Moore
Peter Murray, SJ
Kathleen Owens
Kathy Papa
Lana Riley
John Rose
Dc. Michael Ruf
Lou Sogliuzzo, SJ
Linda Zimmerman

Location and Hours

The Spiritual Renewal Center is located at 1342 Lancaster Avenue in Syracuse. Stop in and get to know us!

Monday - Thursday: 9 a.m. - 5 p.m.
Friday: 9 a.m. - 4 p.m.

Closed on Fridays during July and August.

“in that easy and grace-full hour, you changed for me a negative irritant into a joyful reminder of how secure I am in God’s love.” - A.E.

The Spiritual Renewal Center is a Christian ministry that provides spiritual direction and renewal opportunities to all members of the community.



Learn more about us at
spiritualrenewalcenter.com

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1342 Lancaster Avenue
Syracuse, New York 13210
315-472-6546

mail@spiritualrenewalcenter.com



Spiritual Direction
An introduction

Share Your Journey

Spiritual direction is an ancient ministry in the church. In spiritual direction, the director helps the directee to become more aware of God and more responsive to God's Presence.

Sharing your unique journey can help deepen your relationship with God and help you find balance in your spiritual life.

Spiritual direction is one of the largest ministries at the Spiritual Renewal Center. We have more than 20 trained spiritual directors from a variety of Christian denominations who share their gifts through the Center.

In addition to a degree or certification, Spiritual Directors are required to meet regularly with their own spiritual directors, seek supervision and pursue ongoing training.

The hourly fee for spiritual direction provided by Center directors is \$50 per session. (Scholarships available upon request.)

"You have given me the means to open further a door I once only dared to crack." - S.M.

Grow in God's Love

The Spiritual Renewal Center matches directees with spiritual directors based on their preferences and spiritual background.

You can discuss anything with your spiritual director. All sessions are held in a private, intimate setting. Some topics that might come up are:

- Your prayer life, what prayer means to you and how you relate to God in prayer
- Personal issues such as your relationships with family and friends, or issues related to physical or mental health
- Any major decisions you may be facing

A spiritual director is not a "problem solver," but more of a partner that can help you assess situations and find what might be God's invitation to you at any given moment in your life.

Spiritual directors typically meet with their directees once a month. Sessions are approximately one hour long.

All matters discussed between spiritual directors and their directees are completely confidential.



Take the First Step

Get connected with a spiritual director and take the first step in a new spiritual journey!

Contact the Spiritual Renewal Center to start the process at **315-472-6546** or **mail@spiritualrenewalcenter.com**

Spiritual Direction is a specialized ministry that requires a theology degree or certificate of training. Staff Spiritual Directors primarily meet with others out of a desire to serve.

The spiritual direction fee here at the Center is \$50 per session, to be paid at the time of service. Scholarships are available for those unable to pay the full fee. Links for payment and the scholarship application are on our website at www.spiritualrenewalcenter.com