



# Offerings

## ABOUT US

The Spiritual Renewal Center is an ecumenical Christian ministry providing spiritual direction and renewal opportunities to all members of the community.

1342 Lancaster Avenue  
Syracuse, NY 13210  
spiritualrenewalcenter.com  
315-472-6546

## SUMMER HOURS

M-TH 9 am - 5 pm  
Closed Fridays July & August  
Closed Monday, July 4

## OUR STAFF

Steve Moore, *Center Director*  
Marise May, *OSF*  
Programming Associate  
Andrea Pollock,  
Administrative Assistant  
Meg Castellini,  
Communications Specialist

## OUR BOARD MEMBERS

Mary Anne Corasaniti  
Ann Derr, *Secretary*  
Brigid Dunn  
Scott Kelso, *Treasurer*  
Rev. Don Kirby, *SJ, Vice-Chair*  
Maureen Lasda  
Sally Manahan, *Chair*  
Bishop Colette Matthews-Carter  
Robert McKinstry  
Kathy Papa  
Bob Talomie  
Amanda Webster  
Randy Wolken

July / August 2022

Volume 9 • Issue 4

## Meet Our New Staff Spiritual Directors

**Rev. Nick Bufano** is the pastor at Newtonville United Methodist Church in Latham NY. Nick has a Master of Divinity from Lancaster Theological Seminary and a Doctor of Ministry from Lancaster Theological Seminary with a concentration in clergy care and renewal. Nick trained in a contemplative model of Spiritual Direction at the Shalem Institute for Spiritual Formation in Washington DC.

**Fr. Jason Downer, SJ** is a campus minister at LeMoyne College, works with the local Jesuit Volunteer Corps and is an experienced spiritual director. He has a Master of Science in College Student Personnel Administration, a Master of Arts in Social Philosophy from Loyola Chicago, and a Master of Divinity from Boston College. Additionally, Fr. Jason received his training in spiritual direction at Loyola Chicago and ministered in the Northern Mariana Islands after ordination to the priesthood.

**Maureen Lasda** received her training in spiritual direction here at the Spiritual Renewal Center. She is retired from teaching religion and campus ministry at Christian Brothers Academy as well as parish work in catechetics. She holds a bachelor's degree from LeMoyne College in religious studies and a master's degree from Fordham University in religious education

## Visit Our Gift Shop This Summer

The Hand to Hand Fair Trade Shop is well-stocked and open all summer during Center hours. Stop by and pick from several unique gifts for someone special - maybe even yourself! Thank you for changing the world by changing the way you shop!



## Recurring Groups

**Wisdom Wednesday** will be taking a break July and August. See you in September!

**Women's Faith Sharing** group meets from 2:30-4:00 the third Thursday of each month in person and is led by Kathy Papa. Upcoming meetings are **July 21, August 18**. Please join us!

People who have completed the Spiritual Exercises are invited to the **Ignatian Spirituality Group**. Meetings are one **Wednesday** a month, 6:30-7:30 p.m., to pray together in the Ignatian way. Led by Lou Sogliuzzo, SJ, upcoming dates are **July 13** and **August 10**.

## The Spiritual Exercises of St. Ignatius Loyola A 30-week Adventure in Prayer (virtual option available)

The Center is again offering the classic *Spiritual Exercises of St. Ignatius Loyola* in a thirty-week format. After more than 500 years, the *Spiritual Exercises* still bring people to a closer relationship with Christ through the Scriptures. In the 30 years we've offered this program, hundreds of people from many Christian traditions have completed the *Exercises*. Fee: \$600

**Group Program:** Beginning September 13 and continuing through May, the program takes place on Tuesdays from 1 - 3 pm. This includes time with an individual prayer guide and a group teaching session. Each participant commits to 30-60 minutes of daily personal prayer with prescribed materials.

**Individually Directed:** If you want to make the *Spiritual Exercises* in the 30-week format but you cannot come on Tuesday afternoons, please consider joining us this year for an individually directed retreat. You will meet weekly with your retreat director and pray each day on your own schedule. This can either be an in-person or zoom meeting to accommodate those who work or live at a distance.

For more information or to apply, contact Steve at 315-472-6546 or [smoore@spiritualrenewalcenter.com](mailto:smoore@spiritualrenewalcenter.com).

---

## The Manresa Experience

Many people would like to make the *Spiritual Exercises* but are not able to commit for a 30-day or 30-week retreat. Others have made the *Spiritual Exercises* in the past and would like to reconnect with their experience. Some are just curious. If you fall into any of these categories, the Manresa Experience may be for you. This 12-week retreat based on the *Spiritual Exercises* brings you through the essential parts of the experience in a shorter format.

A group is forming now and we will begin on September 15<sup>th</sup>. Each participant will commit to praying 20-30 minutes a day with the materials and meet each week for small group guidance. We will meet on Thursdays at 10:30 am for our small group gathering. Contact Steve 315-472-6546 at the Center for more details. Fee: \$150, or whatever you can afford.

Preregistration is required for all of our events; space is limited. Registration through our website is preferred [spiritualrenewalcenter.com](http://spiritualrenewalcenter.com). You can also register by emailing us at [mail@spiritualrenewalcenter.com](mailto:mail@spiritualrenewalcenter.com). Please include your full name, email and phone number.

---

## HORIZONS Foundational Program for the Training of Spiritual Directors

The Spiritual Renewal Center has been committed to the training of spiritual directors for over thirty years. Do you sense God's call to this ministry?

HORIZONS is a practicum-based program for people wanting to develop their gifts as spiritual directors. Monthly sessions focus on the principles and practices of spiritual direction, alongside close supervision of direction practice. Applicants must have substantial knowledge in theology, scripture, and spirituality, and a minimum of one year's experience receiving spiritual direction.

The first year of HORIZONS meets at the Center October 2022 through June 2023, on the second Monday of each month, 1-5:00 p.m. Tuition is \$700 per year. A certificate is awarded at the completion of the two year program. This Fall's cohort is forming— contact Center Director Steve Moore for more details and an application.

---

## Summer Offerings by Center Staff at Christ the King Retreat House (500 Brookford Road, Syracuse)

### Preached Retreat with Jim Krisher Attentiveness to God in Daily Life Sunday, July 17 - Friday, July 22 (in person)

In the scriptures God makes known the divine desire for deepening intimacy with each one of us, and so God is ever seeking to catch our attention and enjoy with us moments of connection through creation, people, events, prayer, Word and sacrament – and indeed through all things.

Drawing heavily on scripture and the insights of saints like Ignatius of Loyola and John of the Cross, as well as more recent holy men and women like Thomas Merton and Evelyn Underhill. Jim will talk about how we might sharpen our awareness of the approaches of God in our day-to-day lives. How do we develop such a contemplative stance, such an openness to Divine Love? Retreat begins on Sunday with check-in at 5 pm and dinner at 6 pm. Retreat concludes on Friday at 11 am. *Offering: \$575, Commuter \$325*; Please register at [ctkretreat.com](http://ctkretreat.com).

### Silent Directed Retreat with staff spiritual directors Sunday, July 24 - Friday, July 29 (in person)

This is an unstructured silent retreat that gives retreatants the opportunity to meet with an experienced spiritual director daily. The spiritual director will guide you in prayer and activities that will help you achieve a time of intense prayer and connection to God and self. There is time to walk the grounds in quiet meditation and reflection. Check-in begins at 5 pm on Sunday with dinner at 6 pm. Retreat ends on Friday at 11 am. Retreat Directors: Marge Babcock. Fr. Gerard McKeon S.J. and Steve Moore. Please indicate the Retreat Director preferred. We will try to accommodate preferences but cannot guarantee a specific retreat director. *Offering: \$575*; Please register at [ctkretreat.com](http://ctkretreat.com).

What Does Grace Look Like? is a series of reflections about God's grace. This month's feature is written by Meg Castellini, retreat facilitator and the Center's Communications Consultant.

## What Does *Grace* Look Like?

Recently, I had the opportunity to facilitate an overnight retreat at Christ the King Retreat House. It is such a special place right here in Syracuse and also holds great meaning for me personally. My father - now deceased - spoke often of his experience at the retreat house with his father after he returned from WWII in 1946. He was always so happy to hear when I was visiting the retreat house for a program.

My dad and I had a special connection over cardinals. He would call me to share his recent "sighting." I have kept several of his voicemails that expressed his excitement to see "Red." As is custom for me, I usually visit the chapel to pray after I finish setting up for a retreat. However, this June morning, I decided to venture out to the beautiful grounds at Christ the King. Not even a split second after I stepped out of the door, "Red" flew to a nearby picnic table, began chirping and stayed for close to a minute. My prayer was greeted by the presence of my dad that morning at the retreat house and I will never forget it.



That's What *Grace* Looks Like

## Help the Center By Volunteering

We are looking for people interested in staffing our reception desk. If you enjoy people and can greet folks, answer the phone, and assist with library checkout and gift shop purchases, email Andrea Pollock at [mail@spiritualrenewalcenter.com](mailto:mail@spiritualrenewalcenter.com). The Center is open during the summer Monday - Thursday 9 am - 5 pm and we would welcome your assistance!

**Newsletter Recipients:** In an effort to increase our efficiency and lessen our expenses for returned mail, postal service newsletter delivery will be discontinued if your newsletter is marked as “not deliverable” or “temporarily away” for 2 consecutive newsletters. Please notify us if you would like to switch to email delivery of your newsletter, or schedule planned time away so that we may temporarily remove you from the mailing list. Thank you for your understanding!



## Connect with the Spiritual Renewal Center

Get social with the Spiritual Renewal Center and find us on Facebook and Instagram today. You can also share your email address with us at [spiritualrenewalcenter.com](http://spiritualrenewalcenter.com) and get the the latest information sent right to your inbox.

 [facebook.com/spiritualrenewalcenter](https://facebook.com/spiritualrenewalcenter)

 [instagram.com/spiritualsyracuse](https://instagram.com/spiritualsyracuse)

RETURN SERVICE REQUESTED

1342 Lancaster Avenue  
Syracuse, NY 13210

