



Offerings

March - April - May 2025
Volume 12 • Issue 2

This newsletter was printed in honor of the
Franciscan Sisters of the Neumann Community

ABOUT US

The Spiritual Renewal Center is an ecumenical Christian ministry providing spiritual direction and renewal opportunities to all members of the community.

1342 Lancaster Avenue
Syracuse, NY 13210
spiritualrenewalcenter.com
(315) 472-6546

OUR HOURS

Monday-Thursday 9-5
Friday 9-4
The Center will be closed
April 18 & 21
May 23 & 26

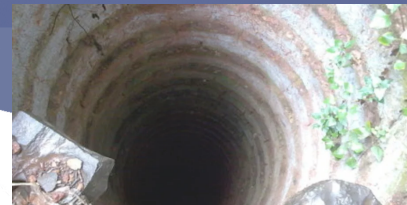
OUR STAFF

Meg Castellini, Interim **Director**
Andrea Pollock, **Office Manager**
Ann Derr, **Intake Coordinator**
Judy Carr, **Gift Shop Manager**
Molly Wilber, **Librarian**

OUR VOLUNTEERS

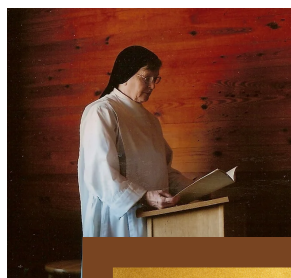
Beverly Babcock
Dave Babcock
Sr. Ann Marie Ball
Carolyn Bordeleau
Terrence Cahill
Judy Carr, **Coordinator**
Mary Jo D'Amore
Ann Derr
Grace Ferner
Andrea Miceli
Monica Rappazzo
Kerri Rathgeb
Keith Ruterma
Darlene St. John
Karen Susko
Bob Talomie
Chris Vandervoort
Sarah White

Lenten Retreat "Meet Me At The Well" Facilitated by Meg Castellini Saturday, March 29 | 10 AM-3 PM | *In Person*

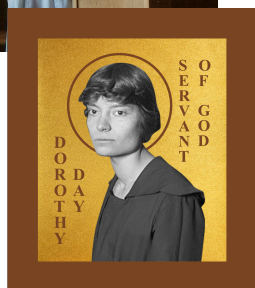


The pressures of life can drain us, leaving us with nothing more to give. As we follow the journey of the unnamed woman who traveled to Jacob's well at midday, we'll gain a deeper understanding of what it truly means to live. Together, let's uncover the joy that blossomed within her as she embraced her newfound mission to live freely! Lunch provided. *Suggested fee: \$40*

Meg has been leading retreats in the area for 18 years. She is a Spiritual Director with experience in parish ministry and communications. Currently, she serves as the Interim Director of the Spiritual Renewal Center.



"An Evening With Dorothy Day" Presented by Sister Donald Corcoran Dorothy's Advocate, Friend & Roommate Thursday, April 3 | 7 PM | *In Person*



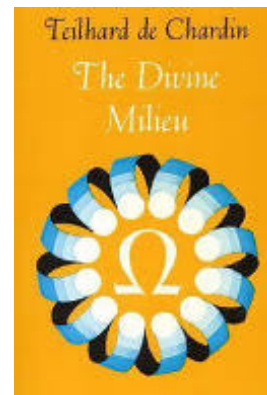
Sister Donald Corcoran, OSB, Cam., co-founder of Transfiguration Monastery in Windsor, lived at the Catholic Worker House in New York City from 1969-1970. She knew Dorothy Day very well. She has served on the guild for Dorothy's canonization. She taught spirituality to the permanent deacons in our diocese for thirty-five years. Her doctorate in theology is from Fordham. *Suggested fee: \$25*



Lenten Taizé Prayer Service Thursday, April 10 | 7:00 PM (EDT) At All Saints Church | *In Person*

Join us for this candlelit service with meditative chants, music and spoken word, led by Erin Moore on flute and voice, Harvey Nusbaum on guitar, and Jeff Wise on organ. Taizé music originated in an ecumenical monastic community in Taizé, France in the 1940's. This wonderful gift is sure to enrich your Lenten journey. *Free will offering.*

Teilhard de Chardin Discussion Group | 6 sessions on 2nd Mondays | Starting April 8
Facilitated by Dave Pasinski | 3 - 4:30 PM | in Person

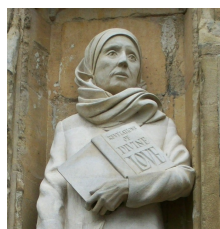


After our recent mini-course on Teilhard, many expressed a desire to continue with more study of this great mystic and visionary. **In response, we offer this six-session discussion group delving into one of his key writings, “The Divine Milieu.”** Dave Pasinski will facilitate and include references to other essays and thoughts about Teilhard. Even if you are new to Teilhard, or do not have the book, you are still welcome to come. However, to gain a deeper understanding, you may wish to purchase the book, which is available from various booksellers. Depending upon interest, we may continue with future programs about Teilhard’s other works and continuing influence.

Join us on the 2nd Monday each month from 3-4:30. {First dates are 4/8 & 5/13}

Suggested fee is \$10 per week or \$60 total. Limited to 12 participants.

Dave Pasinski is active in educational, community, and spiritual groups. He is an on-call chaplain with Hospice, a member of the Post Trauma Response Team, and a Red Cross Spiritual Care provider.



Wisdom Wednesdays: “The Revelations of Divine Love”
by Julian of Norwich

Facilitated by Steven Moore | 4:00-5:00 PM | Hybrid | Free Will Offering

We continue our guided reading of the writings of *Julian of Norwich*. Julian lived in a time of turmoil, but her theology was optimistic and spoke of God’s omnibenevolence and love in terms of joy and compassion. “*Revelations of Divine Love*” contains a message of optimism based on the certainty of being loved by God and of being protected by his Providence. Our sessions will follow an informal seminar style as we engage in a close reading of the text.



APPLY NOW

HORIZONS Foundational Program for the Training of Spiritual Directors
New class starting October 2025 In Person at the Center
Once a month on the first Monday | 1-5 PM | October thru June

The Spiritual Renewal Center has been committed to the training of spiritual directors for over thirty years. Do you sense God’s call to this ministry? HORIZONS is a practicum-based program for people wanting to develop their gifts as spiritual directors. Monthly sessions focus on the principles and practices of spiritual direction, alongside close supervision of direct practice. Applicants must have **substantial knowledge of theology, scripture, and spirituality, and a minimum of one year’s experience receiving spiritual direction.**

Meetings take place at the Center from October to June, on the first Monday afternoon of each month. **Tuition is \$700 per year. A certificate is awarded after the program. Next Fall’s cohort is forming— contact Center Interim Director Meg Castellini [meg@spiritualrenewalcenter.com or 315-472-6546] for more details and an application.**



The Spiritual Exercises of St. Ignatius Loyola: A 30-Week Adventure in Prayer

The Center will again be offering the classic *Spiritual Exercises* of St. Ignatius Loyola in a thirty-week format. After more than 500 years, the *Spiritual Exercises* still bring people to a closer relationship with Christ through the Scriptures. In the 30+ years we’ve offered the program, hundreds of people from many Christian traditions have completed the Exercises. **Watch for more details in an upcoming newsletter and email.**

See something
interesting?

Please register now!

Preregistration is required for most events, and we may have to cancel the event if too few are registered. You may register by calling us, using our website, <https://www.spiritualrenewalcenter.com/events>

or by emailing us at mail@spiritualrenewalcenter.com

Please include your full name, email, phone number, and program name.

Suggested fee for most programs is \$25.

Easter Season Retreat “Pilgrims of Hope” 5 Tuesdays, April 29-May 27 | 3-4:30 PM Facilitated by Rev. Gerry McKeon | In Person



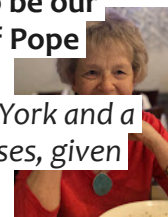
This month long retreat in daily life encourages participants to enter into the mystery of the Resurrection during this Jubilee Year of Hope. We will draw from the wisdom of Scripture, prayer, and contemporary concerns as we walk the pilgrimage of hope and trust in the presence of the Risen Christ. Suggested fee: \$125 or \$25 wkly

Gerry McKeon, SJ is a Jesuit priest with extensive experience in spiritual direction and in offering the Spiritual Exercises of St. Ignatius to men and women from all backgrounds. He has served as a chaplain at Ithaca College and Cornell University, and on the staff of Eastern Point retreat house in Gloucester, MA.

“From One Pilgrim to Another: Thomas Merton’s Message of Hope” Dr. Christine Bochen | Thursday, May 8 | 7:00 PM | In Person

During this Jubilee Year of Hope, Pope Francis is calling us to walk together as pilgrims of hope. **For this evening we will invite Thomas Merton to be our guide and companion as we break open his message of hope and explore how, in the words of Pope Francis, we may “fan the flame of hope that has been given to us.”**

Christine M. Bochen, professor emerita of religious studies at Nazareth University, Rochester, New York and a founding member and past president of the International Thomas Merton Society, has taught courses, given retreats, and spoken on Merton in a variety of venues in the United States, Canada, and abroad.



“Girls Night Out with Martha & Mary” | Thursday, May 15 | 6-8 PM | In Person Facilitated by Professional Storyteller Mary Rys



Attention Ladies! Are you a Martha, a Mary, or perhaps a bit of both? We’d love for you to join us for a special evening of friendship and faith with professional storyteller Mary Rys. Mary will take us into the heart of Martha’s home (as told in Luke 10), where we’ll meet some very special guests. Light refreshments will be provided. Suggested fee: \$25

What Does Grace Look Like?

is a series of reflections about God’s grace.
This issue’s grace story comes from an anonymous source who felt called to share their story.

A few years ago, I was surprised to learn that many of the people receiving Spiritual Direction at the Center weren’t paying for it. At the same time, I realized that I had been making excuses not to pay. I’d say to myself, “I left my checkbook at home,” or “I’ll bundle it and pay more next time,” or “I’m a little short this month... I’ll catch up later.” I knew right away that I was part of the problem. As I began to understand that the Center’s future depends on payments for Spiritual Direction, I realized I needed to take action personally to guarantee the future of a place that means so much to me. That night, I set up a monthly PayPal payment to the Center – part for the Direction fee, part as a donation.

Why is this story part of a series on Grace? Because when I started making that regular payment, I took ownership of the Center and its future. Seeing that payment transfer every month has become a graced moment. I now contribute regularly to a place that is an integral part of my spiritual life, and that feels like a gift in itself.

That's What *Grace* Looks Like

Recurring Groups at the Center

The Ignatian Spirituality Group for those who have completed the **Spiritual Exercises** is facilitated by Lou Sogliuzzo, SJ, and takes place on the **2nd Wednesday of the month at 6:00 PM**. {Next dates are 4/9 & 5/14}

Women's Faith Sharing Group meets on the **3rd Thursday of the month at 2:30PM**. {4/17 & 5/15} This group is facilitated by Kathy Papa. Suggested donation is \$20 per session.


The Contemplative Prayer Group led by Thomas O'Connor meets **every Wednesday at 5PM, right after Wisdom Wednesdays**.

Center Volunteers, Directors & Staff, Mark your Calendar!

Please Join Us for our Volunteer Appreciation Luncheon on Thursday, April 24 at 12 noon

We truly appreciate you! This is a wonderful chance to connect with fellow volunteers, familiar faces and new ones. Your dedication to the Center means so much, and we want you to know we couldn't do this without you!

Our Mission Statement: Believing in the transforming power of God's love, we seek through the Spiritual Renewal Center to offer opportunities for growth in Christian spirituality. We do this, as a grassroots ministry, through... education, evangelization, spiritual direction, ministries in response to special needs or interests of the community, and programs for personal formation and renewal.



Connect with the Spiritual Renewal Center

Get social with the Spiritual Renewal Center and find us on Facebook and Instagram today. You can also share your email address with us at spiritualrenewalcenter.com and get the latest information sent right to your inbox.

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RETURN SERVICE REQUESTED

1342 Lancaster Avenue
Syracuse, NY 13210

